

# Active Apostleship

## Step 1: Attend Mass Every Week

## Step 2: Active—Do One New Thing

### Worship

- Lector
- Cantor or Choir
- Instrumentalist
- Usher
- Sacristan
- Altar Server (5<sup>th</sup>-12<sup>th</sup> grade)
- Extraordinary Minister of the Eucharist
- Volunteer at 9:30 Family Mass
- Adoration: Commit to a 30 min time slot

### Youth Faith Formation

- CFF (Children's Faith Formation K-8<sup>th</sup>)
- Children's Liturgy of the Word Volunteer -9:30 Mass
- SMASH (Student Ministry at Sacred Heart 9<sup>th</sup>-12<sup>th</sup>)
- Teen Choir

### Retreat

- Welcome (Christ Renews His Parish)
- Sacrament Preparation Retreat Volunteer

### Faith Groups

- MAGNA 24 men's group
- CFM: Christian Family Movement
- Attend a Bible Study
- Knights of Columbus
- Women's Guild
- Hispanic Ministries
- Quilters

### Community Volunteer

- St. Vincent de Paul, Sacred Heart Chapter Volunteer
- Art & Environment: Decorate for the seasons.
- Funeral luncheon donations
- Provide childcare for a church event
- Family Violence Center Casseroles
- Habitat Circle of Faith – Habitat for Humanity
- Fall Service Day Participant
- Prayer Shawl Ministry Volunteer
- Help with Buildings and Grounds at Sacred Heart
- Welcome and Hospitality

## Step 3: Apostleship—Share your faith with someone else

Invite 1 person to come to Sacred Heart with you—Mass, Adoration or any Event!

- Become a trained Stephen Minister
- Homebound Eucharistic Minister
- RCIA Team Member/Sponsor/Prayer Partner
- Marriage Preparation Sponsor
- Baptismal Preparation Volunteer
- CFF catechist: teach CFF or assist in a classroom
- SMASH: adult volunteer
- Family Ministry: help plan events for families
- Pastoral Council Board Member
- Facilitate a Bible study

Other: I have a talent or idea I can share \_\_\_\_\_



**Imagine if...**  
**...all parishioners**  
**did one new thing**  
**this year!**

**I will be an Active Apostle!**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Imagine what our parish could be!**