

Sacred Heart Catholic Church Assistance Resources

1627 Grand Ave. West Des Moines, IA 50265

Phone: 515-225-6414

www.sacredheartwdm.org

Mass Times: Saturday: 4pm, Sunday: 8am, 9:30am, 11:15am and 1pm (Spanish), Daily 8am

Food Assistance:

1. Call the following organizations:
 - Polk County Food Pantry: 515-286-3695
 - Polk County Food Assistance: 515-286-5555
 - Food Assistance Line: 1-877-937-3663
2. Go to the Society of St. Vincent de Paul: 1426 6th Ave Des Moines 515-282-8327
3. If WDM Resident, inquire about a gift card @ Parish Office Mon.-Fri. 8:00am-3:30pm

Rental Assistance:

1. **FIRST** call Polk County General Assistance: 515-286-2088
2. Or call the following organizations:
 - Cross Ministries: 8226 University Ave 515-279-9998
 - Salvation Army 1326 6th Ave 515-282-3422
4. Go to the Society of St. Vincent de Paul: 1426 6th Ave Des Moines 515-282-8327

Power & Water Assistance:

1. **FIRST** call Polk County General Assistance: 515-286-2088
2. Or call IMPACT Community Action 515-248-6216
3. Go to the Society of St. Vincent de Paul: 1426 6th Ave Des Moines 515-282-8327

Homelessness:

1. Call Centralized Intake: 1200 University Mon-Fri 8am-5pm 515-248-1850 or after hours dial 211 (United Way Helpline)
2. Or call Affordable Housing/Anawim Housing 515-564-6567

Need a place to sleep for the evening: Call 211 United Way Helpline

Need a Meal:

1. Hope Ministries 1310 6th Ave 515-265-7272 (Mon-Sat 7 am, noon, 5 pm; Sunday 8am, 1:30 pm, 5 pm)
2. Connection Café St. Paul's Cathedral 815 High St. Des Moines (noon)
3. Call Central Iowa Shelter Services 515-284-5719 (varies based on location)
4. Trinity United Methodist church Child & Family Urban Ministries 8th & College (4:45 pm)

West Des Moines Human Services

139 6th Street 515-222-3660

Food Pantry/Personal Care Pantry/Clothing Closet: Mon, Tues, Thurs 8:30-3:00pm Wed, Fri 8:30-12:00pm

*evening hours 2nd and 4th Tuesday of each month 4:30 -6:30pm (check in by 6:00pm)