

Welcome to the Parish Community of

Sacred Heart

Church illustration
by Sheri George

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265

JESUS DIDN'T RAISE UP A MILLION
FOLLOWERS. HE RAISED UP 12 AND TOLD
THEM, 'GO AND DO THE SAME.'

— CURTIS MARTIN —



STEUBENVILLE
CONFERENCES

JANUARY 17, 2016 • 2ND SUNDAY IN ORDINARY TIME

WELCOME

Welcome to all our visitors, newcomers and parishioners!!

If you are new to our faith community and are interested in becoming a member of Sacred Heart Catholic Church, please stop by the Parish Office or call 225-6414, for a New Member Packet. We have programs and activities available for everyone. We offer RCIA for adults who wish to become Catholic. The names of the pastoral staff members, committee members and ministry chairperson, and their phone numbers are listed on this page.

SACRED HEART PASTORAL STAFF

Pastoral staff members are available to help parishioners when they are celebrating the good times or hurting during times of crisis. Consider contacting the following pastoral staff members to help you through a difficult time.

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

FR. LUIS MEJIA, PAROCHIAL VICAR

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

SACRED HEART PARISH STAFF

Rev. Mr. Ron Myers, Deacon 226-8466

Rev. Mr. Randy Horn, Deacon 224-1113

Nancy Carlson, RN, Parish Nurse

nancy.carlson@sacredheartwdm.org 225-6414, ext. 315

Sheila Hancock, Director of Music/Worship & Wedding Coordinator

sheila.hancock@sacredheartwdm.org 225-6414, ext. 318

Casey Conner, RCIA Director

casey.conner@sacredheartwdm.org 225-6414, ext. 309

Deanna Lane, Youth Ministry Director

deanna.lane@sacredheartwdm.org 225-0546

Rosario Manzano, Hispanic Ministry Coordinator

rosario.manzano@sacredheartwdm.org 225-6414, ext. 304

Loralee Chase, Family Ministry

loralee.chase@sacredheartwdm.org 225-6414, ext. 309

Kayla Richer, Children's Faith Formation Director

kayla.richer@sacredheartwdm.org 225-6414, Ext. 319

SACRED HEART SCHOOL STAFF

Jane Kinney, Principal

jane.kinney@sacredheartwdm.org 223-1284, Ext. 142

Mary Jo Keever, Vice Principal

maryjo.keever@sacredheartwdm.org 223-1284, Ext. 140

VISIT US ON THE WEB AT: www.sacredheartwdm.org

WEEKEND MASS SCHEDULE

Saturday4:00 pm

Sunday8:00, 9:30, 11:15 am; 1pm Spanish Mass

Daily Mass..... Monday through Friday 8:00 am

SACRAMENT OF RECONCILIATION

Saturday2:30 pm to 3:30 pm

TELEPHONE NUMBERS

Parish Office.....Phone: 225-6414 Fax: 225-0286

School.....223-1284

Children's Faith Formation225-6414

Youth Ministry225-0546

Sunday Faith Formation Preschool.....225-6414

Parish Center Scheduling.....225-6414

Weekday Preschool.....226-2146

Sacred Heart Plus.....226-9662

www.sacredheartwdm.org

SACRAMENT OF BAPTISM

Registered and participating members of the Parish, contact

the Parish Office to register for **required** Baptism Classes.

Parents are asked to call **before** the birth of their child.

SACRAMENT OF MARRIAGE

Registered and participating members of the Parish,

contact the Parish Office **six months, or more**, in

advance. Preparation classes are **required**.

NEWCOMERS

Please register by phone, or in person, at the Parish Office

between 8:00 am and 3:30 pm. For address changes, or if

leaving the parish, please call the Parish Office at 225-6414.

COMMITTEE & MINISTRY CHAIRPERSONS

Art & EnvironmentPam Douglas, 224-0032

Board of Religious/Academic

EducationChris Wilson, 480-5472

Tara Nelson, 991-4432

Children's Liturgy of the

Word Coordinator Mary Zug, 225-6414

SCRIP Barb Horvath, 327-9489

Angela Lawler, 225-6604

Knights of Columbus.....Bill Wieland, 321-7980

Prayer Line..... Wynanda Ferguson, 225-7200

nancy.carlson@sacredheartwdm.org

St. Vincent de Paul..... Rita Dette, 223-6095

Teresa Kordick, 224-9274

Women's Guild Barb Baker, 339-1561

Pastoral Council..... Dave Shinkle, 244-6821

BULLETIN DEADLINES: *log onto our web site for information about deadlines and submission guidelines.*

MISSION STATEMENT

The mission of Sacred Heart Parish is to be the spiritual focal point for the Catholic Christian community in our portion of the Diocese of Des Moines. This community:

- ✦ Believes and proclaims that Jesus Christ is Lord;
- ✦ Calls its people to experience and put into practice the love of Jesus Christ;
- ✦ Draws its people into the social and spiritual life of the parish so that each has a sense of belonging;
- ✦ Seeks to help its members take on the "mind of Christ" through prayer, study and worship;
- ✦ Uses and returns the gifts and talents God has given; Is itself a sign calling its members to hear and respond in ministry to the spiritual and temporal needs of people within the parish and beyond.



If I can be of assistance to you or a loved one on any faith and/or health concerns, please contact me. I have many resources to share with you.

~Nancy Carlson, RN

Nancy.Carlson@sacredheartwdm.org

MARTIN LUTHER KING DAY JANUARY 18, 2016: "Human progress is neither automatic nor inevitable. — Every step toward the goal of justice requires sacrifice, suffering and struggle; the tireless exertions and passionate concern of dedicated individuals." Rev. Dr. Martin Luther King, Jr.

BEING FULLY PRESENT IN THE MOMENT: Health is more than a body that works properly. It includes physical, emotional, social, spiritual, intellectual and even occupational/vocational dimensions. When these dimensions are working in harmony, they contribute to a sense of well-being and satisfaction. We hear a lot about care for ourselves physically, but what about our spiritual self. Take time this week to explore your spiritual core by asking yourself questions such as: Who am I? What is the purpose of my life? Spend quiet time alone on a regular basis. Look for deeper meanings to patterns and problems in life. Allow yourself to deeply feel grief and pain. Practice being fully present in the moment. Take a deep breath and let God's Holy Spirit fill you anew!

PRAYER SHAWL MINISTRY: The next Prayer Shawl Ministry meeting is Monday, January 18, 2016 from 6:30 to 8:00pm. We'll meet at Hamilton's West on Westtown Parkway. Please contact Becky Pepper or Nancy Carlson if you need a ride.

SEASONS OF HOPE BEREAVEMENT GROUP: A new group is forming and will meet beginning Monday, February 1st-March 7, 2016 from 1-3 pm in the Parish Library. Grief is hard work, but you don't have to do it alone. God gives us community to help bear our burdens. Each session of this series is self contained and so you do not need to attend every meeting to benefit. The series is lead by our Parish Nurse. To get more information and reserve a space contact Nancy at 225-6414, ext.315 or nancy.carlson@sacredheartwdm.org

REFLECTIONS FOR THE WEEK

- *Jesus got his start in ministry through the urging of his mother. Who urges you to pray, go to Church, and do good works?*
- *God fills each of us with grace (miracles) and gifts, what is one grace (miracle) or gift that you have shared with your family?*



*Is God's Will in your will?
When you make yours,
remember Sacred Heart
Catholic Church.*

THROUGH THE WATERS OF BAPTISM WE WELCOME INTO OUR SACRED HEART FAITH COMMUNITY

Claire Elizabeth Becker,
Daughter of Brad & Ellen Becker

Georgia Gentle Kelley
Daughter of Barnes & Amanda Kelley

Our deepest sympathy and prayers to the families of the following ...

Robert Marean
Brother of parishioner Don Marean

John Schneider
Father of parishioner Dave Schneider

...God grant them eternal rest



GIFT—GROWING IN FAITH TOGETHER ADULT FAITH FORMATION TEAM

Have you been thinking about being a Marriage Prep Sponsor Couple? Now is your chance!

The Diocese will be hosting a sponsor couple training at the Catholic Pastoral Center on consecutive Mondays, Feb 1 and 8. The sessions will be held from 6:30-8:30 p.m. and couples must attend both to complete training. Registrations will close on January 25.

Even if you cannot begin practicing this ministry immediately, once you are trained you are trained for life. This is such a rewarding ministry and will strengthen your own marriage by learning and growing together with the newly engaged couple. Time commitment: most sponsor couples are matched up once a year with new couples for 4-5 meetings. This is based on your own schedule and is very flexible. We are in need of new couples for this ministry at this time. Please contact Lorelee Chase for more information. loralee.chase@sacredheartwdm.org. 515-225-6414 Ext 309

YOUTH MINISTRY "SMASH"



Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Deanna Lane, Director of Youth Ministry, for more information at 225-0546 or Deanna.Lane@sacredheartwdm.org.

FIA (FAITH IN ACTION) REGISTRATIONS DUE FEB 3! FIA is a Spring Break service adventure March 13-16, 2016. Teens from five local Catholic churches come together for 3 1/2 days of service, fun and faith. We stay at Our Lady's Immaculate Heart in Ankeny and spend the days serving local agencies in the Des Moines area such as food pantries, Habitat for Humanity, Gigi's Playhouse, Courage League Sports and many more. This event sells out each year so don't delay. All of the details and a registration form can be found at www.sacredheartwdm.org (click on "Faith Formation" and then "SMASH/Youth Ministry")

ADULT VOLUNTEERS NEEDED for FIA: We are looking for adults 21 and over to transport teens to and from the work sites and volunteer alongside them each day as well as possibly stay overnight at OLIH. Reply if you are interested in helping out. The number of teens we can accept is based primarily on the number of adult volunteers we have.

SUMMER MISSION TRIP TO SOUTH TEXAS JUNE 18-25: Applications are now available for the summer mission trip to San Juan, Texas where we will spend a week serving the needy in the Diocese of Brownsville, the poorest diocese in the U.S. Teens currently in 9th-12th grade are eligible to apply. Pick up an information sheet and registration form in the gathering space or online at www.sacredheartwdm.org (under "Faith Formation" and then "SMASH/Youth Ministry") Applications due Feb. 1

STUEBENVILLE CONFERENCE- JULY 8-10, SPRINGFIELD, MO: What is Stuebenville, you ask? It is a high-energy youth conference where thousands of teens are invited to encounter Christ through dynamic speakers, engaging music, the Sacraments, small group discussions and fellowship with other teens - ALL IN JUST 3 DAYS! Enjoy a top-notch team of speakers and musicians (Matt Maher!) for an experience you won't forget. Check it out at STEUBYSTL.COM Sign up by Feb. 7 to guarantee your spot - more details and a registration form can be found at www.sacredheartwdm.org (click on "Faith Formation" and then "SMASH/Youth Ministry")

SMASH ON WEDNESDAYS: Looking for a way to jump start your faith in the new year? Join us for SMASH on Wednesdays (6:30-8:30 pm). This is an informal gathering of teens in grades 9-12. Each week we explore different faith related topics relevant to teens and the hectic world in which they live. We use games, media, discussions and more to keep teens active and engaged in their faith. Come check it out - it's FREE! We start with pizza and some social time at 6:30 pm, followed by the activity for the evening and end with closing prayer about 8:00 or 8:15 followed by optional social time until 8:30. Hope to see you there!

UPCOMING CALENDAR:

Jan. 10	Teen Choir rehearsal 6:30-8:00a
Jan. 13	SMASH on Wednesday 6:30-8:30
Jan. 17	Confirmation 2016 Retreat 11:15-6:00
Jan. 17	Teen Choir at 11:15 Mass
Jan. 20	SMASH on Wednesday 6:30-8:30
Jan. 24	Teen Choir rehearsal 6:30-8:00
Jan. 27	SMASH on Wednesday 6:30-8:00
Jan. 31	Teen Choir rehearsal 6:30-8:00

CHILDREN'S FAITH FORMATION "CFF"



Kayla Richer, Director
kayla.richer@sacredheartwdm.org
Debbie Chalik, Coordinator
debbie.chalik@sacredheartwdm.org
Marcia Schaul, Office Associate
marcia.schaul@sacredheartwdm.org



CALENDAR

Jan	17 PS, Confirmation Retreat, attend 11:15 am Mass, retreat until 6 pm
	20 CFF
	24 PS
	27 CFF
	31 PS
Feb	3 CFF, 6:30 pm Confirmation Prep Class
	7 PS
	10 No CFF, Ash Wednesday

**CLW = Children's Liturgy of the Word
 *CFF = Children's Faith Formation
 *SHS = Sacred Heart School
 PS = Preschool

RCIA—RITE OF CHRISTIAN INITIATION OF ADULTS

BECOMING CATHOLIC...WHAT'S HAPPENING IN RCIA? RCIA stands for *Rite of Christian Initiation of Adults*, and is a process designed for adults "who, after hearing the mystery of Christ proclaimed, consciously and freely seek the living God and enter the way of faith and conversion as the Holy Spirit opens their hearts. By God's help they will be strengthened spiritually during their preparation and at the proper time will receive the sacraments fruitfully." (RCIA, n. 1)

Who is the primary facilitator of RCIA? The parish community! In fact, the RCIA states that "the people of God, as represented by the local Church, should understand and show by their concern that the initiation of adults is the responsibility of all the baptized.... All the followers of Christ have the obligation of spreading the faith according to their abilities." (RCIA n. 9) So, how does each of us individually begin to evangelize? By sharing our faith with others, living our lives as faithful Christians, doing works of service, participating in the life of the Church, and inviting others to join us! These simple acts become a proclamation of the Good News and a very powerful and effective witness to others.

Did you know that one of the effects of our confirmation is that we are given "a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ, to confess the name of Christ boldly, and never to be ashamed of the Cross." (CCC 1303). Let's challenge ourselves in this new year to allow the Holy Spirit to make us bearers of the Good News, in word and deed, to all those whom God has placed in our lives.

FINANCIAL MESSAGE - DECEMBER 2015

TITHES - Monthly

Budget: \$270,000
 Actual: \$265,805
 Overage/(Shortfall): (\$4,195)
 YTD* over/(short): (\$47,974)
 *The church's fiscal year begins July 1

LIGHT FOR TOMORROW

Pledged: \$3,308,180
 Paid to Date: \$2,825,369
 Written Off: \$191,195
 Pledges with outstanding balances: 40
 Number of Participating Parishioner Families: 714

ANNUAL DIOCESAN APPEAL

Assessment: \$262,596
 Pledged: \$257,750
 Paid to Date: \$254,710
 Funds needed to reach assessment: \$7,886
 Number of Participating Parishioners Families: 698

SHARING GOD'S GIFTS

Goal: \$2,505,000
 Pledged: \$2,126,027
 Paid to Date: \$1,209,560
 Shortfall: \$378,973
 Number of Participating Parishioner Families: 530

*"Do not neglect to do good and to share what you have,
 for such sacrifices are pleasing to God."
 (Hebrews 13:16)*

SATURDAY/SUNDAY, January 23/24	4:00 PM
	Servers: Kerry Joyce, Megan Schwarte, Aidan Joyce
	Lectors: Jodene Areges, Mary Brackett, Sally Robson
	8:00 AM
	Servers: Andrew Lentsch, Elizabeth Warren, Louis Hartkop
	Lectors: JoAnn Fischer, Nathan Hardisty, Antony Stalin
9:30 AM	
Servers: Dannon Bitting, Liam Dale, Lashley Bitting	
Lectors: Michael Ramirez, Beth Nielsen, Casey Conner	
11:15 AM	
Servers: Elijah Jurgensmeier, Sofia Manzano, Abigail Reinhardt	
Lectors: Leon Hofer, Steve Herzog, Shelby Lane	



Sat.	Jan 16	4:00 pm	Prisca Rocha
Sun.	Jan 17	8:00 am	Lupe Campero & Martha Salazar
		9:30 am	John Eischeid
		11:15 am	Special Intention
		1:00 pm	Sacred Heart Parishioners
Mon.	Jan 18	8:00 am	Special Intention
Tues.	Jan 19	8:00 am	Dan & Mary Harkin & family
Wed.	Jan 20	8:00 am	Special Intention
Thurs.	Jan 21	8:00 am	Special Intention
Fri.	Jan 22	8:00 am	Gregoria Gallardo
		9:00 am	All School Mass
Sat.	Jan 23	4:00 pm	Michael Versackas, Sr.
Sun.	Jan 24	8:00 am	Edward & Mabel McGinnis
		9:30 am	Carl Shawhan
		11:15 am	Richard Beck
		1:00 pm	Sacred Heart Parishioners

◆ ALTAR SERVER TRAINING

A make-up session for Altar Server Training has been scheduled for Tuesday, February 2, 2016 at 7:00 pm, in the sanctuary, immediately following Adoration of the Blessed Sacrament. When you arrive, if you are not participating in Adoration, please wait in the Gathering Space of the church until the completion of benediction, when the Blessed Sacrament is reposed.

◆ PRAYING AS A FAMILY WORKSHOP

The Nashville Dominican Sisters of St. Cecilia will be offering a lunch and workshop on Saturday, January 30 from 11:30 to 1:30. Register today to reserve a spot - loralee.chase@sacredheartwdm.org or call 225-6414, ext. 309.

◆ PARISH MISSION—SAVE THE DATE: FEBRUARY 29, MARCH 1 & 2

We are VERY excited to welcome Mike Patin to lead three nights of Lenten reflection and rejuvenation. Mike uses energy, humor and stories to remind people of God's presence among us while inviting others (and himself) to take the "next step" in our journey with God. Make plans to join us February 29, March 1 & 2, 7:00-8:30 pm each evening in the church with a light reception to follow in the parish center. All ages will enjoy. Childcare will be available for young children.

Readings for the Week of January 17, 2016:

Sunday:	Is 62:1-5/Ps 96:1-3, 7-10/1 Cor 12:4-11/Jn 2:1-11
Monday:	1 Sm 15:16-23/Ps 50:8-9, 16-17, 21, 23/ Mk 2:18-22
Tuesday:	1 Sm 16:1-13/Ps 89:20-22, 27-28/Mk 2:23-28
Wednesday:	1 Sm 17:32-33, 37, 40-51/Ps 144:1-2, 9-10/ Mk 3:1-6
Thursday:	1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-13/Mk 3:7-12
Friday:	1 Sm 24:3-21/Ps 57:2-4, 6, 11/Mk 3:13-19
Saturday:	2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/ Mk 3:20-21
Next Sunday:	Neh 8:2-4a, 5-6, 8-10/Ps 19:8-10, 15/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

“RINCÓN DE LOS CABALLEROS” CABALLEROS DE COLON CONSEJO #9632

NOTICIAS

Nuestra reunión mensual es mañana por la noche, Lunes 18 de Enero en el Salón Parroquial. El Rosario empieza a las 6:00 pm seguido por una cena y la reunión.

El BINGO regresará el próximo Sábado 23 de Enero en el Salón Parroquial. Dirigido por la Asociación de Padres de Familia de la Escuela del Sagrado Corazón en conjunto con varios ministerios de nuestra Parroquia incluyendo a los Caballeros, tendremos una cena con sopa de frejoles picante (Chili Soup) seguido por el juego de Bingo. Las puertas abrirán después de la misa de las 4:00 pm, aproximadamente a las 5:00 pm de la tarde. Únanse a todos los demás parroquianos para disfrutar una noche acogedora en estos días de invierno en nuestro calientito Salón Parroquial.

CALENDARIO

Enero

Lunes 18 de Enero por la tarde: Reunión de negocios usuales empezando a las 6:30 pm en el Salón Parroquial.

Sábado 23 de Enero por la tarde: Bingo y sopa de frejoles picante (Chili Soup)

www.sacredheartwdmkofc.org



En que consiste el año de la misericordia? Consiste en abrir la puerta de nuestro Corazón a todos nuestros hermanos. Es también mostrar un Corazón misericordioso principalmente con aquellos que no han recibido el kerigma de salvación. El santo Evangelio nos narra que Jesús dirigiéndose a los fariseos les dice "quiero misericordia no sacrificios, ustedes no condenarían a quienes están sin culpa..."(Mateo 12:7). Solo podremos llegar a conocer la misericordia de Dios, si esta va acompañada del mandamiento del amor. Cuando una persona no posee el don de amar sin medida a Dios, no podrá amara a su prójimo.

Queridos hermanos, el mandamiento del amor no solo consiste el cumplir el primer mandamiento del decálogo; sino en amar al hermano como a nosotros mismos. El Papa Francisco lo dice al inicio de su libro "el amor que Dios nos tiene, es un amor tan grande, tan profundo, que no decae, que siempre aferra nuestra mano, y nos sostiene, nos levanta y nos guía"(La Iglesia de la misericordia, 15). Este es un amor que no está sujeto a reglas que oprimen al prójimo; sino reglas que edifican a la comunidad de los cristianos.

Si por alguna razón, nuestra vida está destinada a una serie de reglas que no están bañadas por el mandamiento del amor; esa es una vida seca. Si lo que hacemos se convierte en cumplir la regla, porque "así está escrito", sin entender por ello el pensamiento de aquél quien ha dictado la ley del amor, se acaba ciertamente por traicionar el espíritu de quien la fundó. Sencillamente compasión, honestidad, fidelidad, respeto y amor perderían todo el sentido. En el año de la misericordia todos estamos invitados a imitar a Jesús abriendo los brazos de la misericordia para aquel que sufre, que esta desamparado. Hermanos el amar no tiene límite, así como la misericordia de Dios tampoco tiene límite.

“KNIGHT’S CORNER” KNIGHTS OF COLUMBUS COUNCIL #9632

NEWS

Our monthly business meeting is tomorrow night, Monday, January 18, in the parish center. The Rosary starts at 6:00 p.m. followed by dinner and the business meeting.

BINGO is back next Saturday evening, January 23, in the parish center. Led by Sacred Heart School's Home and School association and combining forces with various parish ministries, including the knights, a chili supper kicks off the evening with bingo following dinner. Doors open shortly after the completion of the 4:00 Mass, around 5:00. Join your fellow Sacred Heart parishioners for what is sure to be a fun winter evening inside our warm parish center.

CALENDAR

January

January 18, Monday evening: Business meeting beginning at 6:30 in the parish center

January 23, Saturday evening: Bingo and Chili supper

www.sacredheartwdmkofc.org

WOMEN’S GUILD

Find the Women's Guild page on the website under "organizations"

Thanks to all who contributed to the Catholic Worker House meal. It was much appreciated by those that stopped for a warm meal.

Coffee and Donuts - The Women's Guild will host another coffee and donuts on February 14 after 8am and 9:30am masses in the parish center! All are welcome - please join us!

Next Meeting: January 19 at 6:30pm. Sheree Clark from Fork In The Road will talk about Healthy Desserts. We will sample some of her recipes that night. Please consider bringing a canned food item to be donated to the Food Pantry. **Bunco** - we are also planning to play Bunco after the speaker. Come join us for an evening of fun.

SACRED HEART SCHOOL NEWS

PRESCHOOL AND KINDERGARTEN INFORMATION NIGHT AT SACRED HEART SCHOOL

Please come learn more about the Early Childhood options for your child. Preschool Information Night for parents only will be in the school multipurpose room on Thursday, January 21st at 6:30 pm. Kindergarten/ Transitional Kindergarten Information Night for parents only will be in the school multipurpose room on Tuesday January 26th at 6:30 pm. Please encourage your friends, families, and neighbors to come learn more about our programs.

◆ RESPECT LIFE MASS

Please join the Respect for Life Committee at a Mass for Life to be held at 6:30pm on Friday, January 22nd at St. Joseph Catholic Church, 3300 Easton Blvd., DM. This Mass is being said on the anniversary of the Roe vs Wade decision. Please come and help us honor all life, born and unborn.