

# Active Apostleship

## Step 1: Attend Mass Every Week

## Step 2: Do One New Thing – Be Active

### Worship

- Lector
- Cantor or Choir
- Instrumentalist (
- Usher
- Sacristan
- Altar Server (5<sup>th</sup>-12<sup>th</sup> grade)
- Extraordinary Minister of the Eucharist
- Volunteer at 9:30 Family Mass
- Adoration: Commit to a 30 min time slot

### Youth Faith Formation

- CFF (Children's Faith Formation K-8<sup>th</sup>)
- Children's Liturgy of the Word Volunteer (9:30)
- SMASH (Student Ministry at Sacred Heart 9<sup>th</sup>-12<sup>th</sup>)
- Teen Choir

### Retreat

- Welcome (Christ Renews His Parish)

### Faith Groups

- MAGNA 24 men's group
- CFM: Christian Family Movement
- Attend a Bible Study
- Knights of Columbus
- Women's Guild
- Hispanic Ministries
- Quilters

### Community Volunteer

- St. Vincent de Paul, Sacred Heart Chapter
- Art & Environment: help decorate for liturgical seasons
- Funeral luncheon donations
- Provide childcare for a church event
- Family Violence Center Casseroles
- Habitat Circle of Faith – Habitat for Humanity
- Homebound Eucharistic Minister
- Prayer Shawl Ministry
- Help with Buildings and Grounds at Sacred Heart
- Welcome and Hospitality

## Step 3: Apostleship—Share your faith with someone else

Invite 1 person to come to Sacred Heart with you—Mass, Adoration or any Event!

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|--|---|
| <input type="checkbox"/> Become a trained Stephen Minister       | <input type="checkbox"/> CFF catechist: teach CFF to children           |
| <input type="checkbox"/> Homebound Eucharistic Minister          | <input type="checkbox"/> SMASH: adult volunteer                         |
| <input type="checkbox"/> RCIA Team Member/Sponsor/Prayer Partner | <input type="checkbox"/> Family Ministry: help plan events for families |
| <input type="checkbox"/> Marriage Preparation Sponsor            | <input type="checkbox"/> Pastoral Council Board Member                  |
| <input type="checkbox"/> Baptismal Preparation Volunteer         | <input type="checkbox"/> Facilitate a Bible study                       |

If you have a talent or you see a need at Sacred Heart that you would like to fill, please contact us for further discussion. We are constantly striving to make Sacred Heart the best that it can be!



**I will be an Active Apostle!**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Imagine what our parish could be!**